Now offering new Skating Academy Specialty Classes on Saturday!

Beginning Spin Class *Starting Sept. 6, 2014*   **Saturday at 11:15AM – 11:45AM**

A class to develop and strengthen beginning spin techniques for the Delta to Freestyle 3 skaters.

Beginning Footwork *Starting Sept. 6, 2014*   **Saturday at 11:15AM – 11:45AM**

For skaters Freestyle 1-4, this class provides a basic introduction on how to properly execute steps and turns in a sequence. Skaters will enjoy learning various moves including 3-Turns, Mohawks, Toe-Steps, Running-Steps, and Swing-Rolls. This is a great way to enhance their program performance for both recreational and competitive ISI/USFS skaters!

Advanced Footwork *Starting Sept. 6, 2014*   **Saturday at 11:15AM – 11:45AM**

For more advanced skaters from Freestyle 5 and up, this class further improves their understanding of turn accuracy, axis, body alignment, edge quality, and bilateral movement while improving the quality and performance of step sequences. Learning unique transitions such as Spread Eagles, Ina Bauers, Lunges, Pivots, and Spirals enhance a step sequence that is not only fun to skate, but exciting to watch!

Creative Movement *Starting Sept. 6, 2014*   **Saturday at 11:45AM – 12:15PM**

Considering competition? Are you ready for some fun? Creative Movement is a class exclusively for Alpha through Delta skaters to learn how to interpret music through simple routines. Take the skills you have learned in your technical class and combine them with music for a fun way to prepare for performances or competitions!

New Skating Academy Beginning Level Classes!

To reduce the large numbers of skaters in some levels, we are now offering additional classes! We will be adding the following:

Tot Starter *Starting Sept. 2, 2014*   **Tuesday at 3:00PM - 3:30PM**

Youth Starter *Starting Sept. 2, 2014*   **Tuesday at 3:30PM – 4:00PM**

Gamma *Starting Sept. 3, 2014*   **Wednesday at 5:10PM - 5:40PM**

Please register at the Box Office at your earliest convenience to take advantage of the newly reduced class sizes!