

# UTC ICE SUMMER TRAINING CAMP SCHEDULE - WEEK 1

TIME	DATE				
	MON	TUES	WED	THUR	FRI
7:00AM - 8:00AM	A FREESTYLE	A FREESTYLE	A FREESTYLE	A FREESTYLE	A FREESTYLE
8:00AM - 9:00AM	B,C FREESTYLE	B,C FREESTYLE	B,C FREESTYLE	B,C FREESTYLE	B,C FREESTYLE
9:00AM - 9:25AM	A,B,C On Ice Class - Spins	A,B,C On Ice Class - Turns, Edges, & Flow	A,B,C On Ice Class - Creative Entries/Transitions	A,B,C On Ice Class - Spins	A,B,C On Ice Class - Turns, Edges, & Flow
9:25AM-9:35AM	ICE RESURFACE	ICE RESURFACE	ICE RESURFACE	ICE RESURFACE	ICE RESURFACE
9:50AM-10:50AM	B,C Off Ice	B,C Off Ice	B,C Off Ice	B,C Off Ice	NO B,C OFF ICE
9:35AM-10:35AM	A FREESTYLE	A FREESTYLE	A FREESTYLE	A FREESTYLE	A FREESTYLE
10:35AM-11:00AM	A On Ice Class: Speed and Power	A On Ice Class: Building IJS Footwork/Clusters	A On Ice Class: Speed and Power	A On Ice Class: Artistry in Motion	A On Ice Class: Speed and Power
11:00AM-11:10AM	ICE RESURFACE	ICE RESURFACE	ICE RESURFACE	ICE RESURFACE	ICE RESURFACE
11:10AM-12:10PM	A Off Ice: Ballet	A Off Ice: Strength and Conditioning	A Off Ice: Ballet/Stretch	A Off Ice: Strength and Conditioning	NO A OFF ICE
11:00AM-12:00PM	B,C FREESTYLE	B,C FREESTYLE	B,C FREESTYLE	B,C FREESTYLE	B,C FREESTYLE
12:00PM-12:25PM	B,C On Ice Class: Speed and Power	B,C On Ice Class: Footwork	B,C On Ice Class: Speed and Power	B,C On Ice Class: Artistry in Motion	B,C On Ice Class: Speed and Power

## Off Ice Schedule

		Weekly Fees
9:25AM - 9:50AM	A,B,C break	Group A: \$345
11:10AM-12:10PM	A Off Ice	Group B: \$289
9:50AM-10:50AM	B,C Off Ice	

## A La Carte Fees

A FREESTYLE : \$20
B FREESTYLE: \$20
C FREESTYLE: \$20
Off Ice Class: \$25
On Ice Speciality Class: \$25