

UTC ICE SUMMER TRAINING CAMP SCHEDULE - Week 1 (6/24 - 6/28)

TIME	MON	TUES	WED	THUR	FRI
7:00AM - 8:00AM	A FREESTYLE	A FREESTYLE	A FREESTYLE	A FREESTYLE	A FREESTYLE
8:00AM - 9:00AM	BC FREESTYLE	BC FREESTYLE	BC FREESTYLE	BC FREESTYLE	BC FREESTYLE
9:00am - 9:25AM	ABC On Ice Class - Spin	ABC On Ice Class - Turns, Edges, & Flow	ABC Creative Entries/Transitions	ABC On Ice Class - Spin	ABC On Ice Class - Turns, Edges, Flow
9:25AM - 9:35AM	ICE RESURFACE	ICE RESURFACE	ICE RESURFACE	ICE RESURFACE	ICE RESURFACE
9:50AM - 10:50AM	BC Off Ice: Ballet	BC Off Ice: Conditioning	BC Off Ice: Ballet	BC Off Ice: Conditioning	NO BC OFF ICE
9:35AM - 10:35AM	A FREESTYLE	A FREESTYLE	A FREESTYLE	A FREESTYLE	A FREESTYLE
10:35AM - 11:00AM	A On Ice Class: Speed & Power	A On Ice Class: Building US Footwork/Clusters	A On Ice Class: Speed & Power	A On Ice Class: Artistry in Motion	A On Ice Class: Speed & Power
11:10AM - 12:10PM	A Off Ice: Ballet	A Off Ice: Conditioning	A Off Ice: Ballet	A Off Ice: Conditioning	NO A OFF ICE
11:00AM - 11:10AM	ICE RESURFACE	ICE RESURFACE	ICE RESURFACE	ICE RESURFACE	ICE RESURFACE
11:10AM - 12:10PM	BC FREESTYLE	BC FREESTYLE	BC FREESTYLE	BC FREESTYLE	BC FREESTYLE
12:10PM - 12:35PM	BC On Ice Class: Speed & Power	BC On Ice Class: Beginning Footwork	BC On Ice Class: Speed & Power	BC On Ice Class: Artistry in Motion	BC On Ice Class: Speed & Power

UTC ICE SUMMER TRAINING CAMP SCHEDULE - Week 2,3,4,5

TIME	DATE	Week 2 (7/8 - 7/12) --- Week 3 (7/15 - 7/19) --- Week 4 (7/22 - 7/26) --- Week 5 (7/29 - 8/2)			
	MON	TUES	WED	THUR	FRI
7:00AM - 8:00AM	A FREESTYLE	A FREESTYLE	A FREESTYLE	A FREESTYLE	A FREESTYLE
8:00AM - 9:00AM	B FREESTYLE	B FREESTYLE	B FREESTYLE	B FREESTYLE	B FREESTYLE
9:00AM - 9:25AM	A/B On Ice Class - Spin	A/B On Ice Class - Turns, Edges, & Flow	Creative Entries/Transitions	A/B On Ice Class - Spin	A/B On Ice Class - Turns, Edges, & Flow
9:25AM - 10:05AM	Beginner Blades	Beginner Blades	Beginner Blades	Beginner Blades	Beginner Blades
9:25AM - 10:00AM	BREAK OFF ICE	BREAK OFF ICE	BREAK OFF ICE	BREAK OFF ICE	BREAK OFF ICE
10:05AM - 10:15AM	ICE RESURFACE	ICE RESURFACE	ICE RESURFACE	ICE RESURFACE	ICE RESURFACE
10:30AM - 11:30AM	BC Off Ice: Ballet	BC Off Ice: Strength & Conditioning	BC Off Ice: Ballet	BC Off Ice: Strength & Conditioning	NO BC OFF ICE - DISMISSAL AT 12:35PM
10:15AM - 11:15AM	A FREESTYLE	A FREESTYLE	A FREESTYLE	A FREESTYLE	A FREESTYLE
11:15AM - 11:40AM	A On Ice Class: Speed and Power	A On Ice Class: Building US Footwork/Clusters	A On Ice Class: Speed and Power	A On Ice Class: Artistry in Motion	A On Ice Class: Speed and Power
11:40AM - 12:40PM	BC FREESTYLE	BC FREESTYLE	BC FREESTYLE	BC FREESTYLE	BC FREESTYLE
11:50AM - 12:50PM	A Off Ice: Ballet	A Off Ice: Strength & Conditioning	A Off Ice: Ballet	A Off Ice: Strength & Conditioning	NO A OFF ICE
12:40PM - 1:05PM	B On Ice Class: Speed and Power	B On Ice Class: Beginning Footwork	B On Ice Class: Speed and Power	B On Ice Class: Artistry in Motion	B On Ice Class: Speed and Power
1:05PM - 1:15PM	ICE RESURFACE	ICE RESURFACE	ICE RESURFACE	ICE RESURFACE	ICE RESURFACE
1:15PM - 1:45PM	Beginner Blades	Beginner Blades	Beginner Blades	Beginner Blades	Beginner Blades