

UTC ICE SUMMER TRAINING CAMP SCHEDULE - WEEKS 1 - 4

TIME	DATE	Week 1 (7/6 - 7/10) --- Week 2 (7/13-7/17) --- Week 3 (7/20 - 7/24) --- Week 4 (7/27 -7/31)			
	MON	TUES	WED	THUR	FRI
7:00AM - 8:00AM	Platinum/Gold FREESTYLE	Platinum/Gold FREESTYLE	Platinum/Gold FREESTYLE	Platinum/Gold FREESTYLE	Platinum/Gold FREESTYLE
8:00AM - 8:25AM	ALL On Ice Class: Spin	ALL On Ice Class: Turns, Edges, & Flow	ALL On Ice Class: Creative Entries/Transitions	ALL On Ice Class: Spin	ALL On Ice Class: Turns, Edges, & Flow
8:55AM - 9:55AM OI	Platinum/Gold: Stretch	Platinum/Gold: Strength & Conditioning	Platinum/Gold: Stretch/Dance	Platinum/Gold: Strength & Conditioning	OFF ICE REVIEW ACTIVITY
8:25AM - 9:25AM	Silver/Bronze FREESTYLE	Silver/Bronze FREESTYLE	Silver/Bronze FREESTYLE	Silver/Bronze FREESTYLE	Silver/Bronze FREESTYLE
10:05AM - 11:05AM OI	Silver/Bronze Off Ice: Stretch	Silver/Bronze: Strength & Conditioning	Silver/Bronze: Stretch/Dance	Silver/Bronze: Strength & Conditioning	OFF ICE REVIEW ACTIVITY
10:05AM - 10:15AM	ICE RESURFACE	ICE RESURFACE	ICE RESURFACE	ICE RESURFACE	ICE RESURFACE
10:15AM - 11:15AM	Platinum/Gold FREESTYLE	Platinum/Gold FREESTYLE	Platinum/Gold FREESTYLE	Platinum/Gold FREESTYLE	Platinum/Gold FREESTYLE
11:15AM - 11:40AM	ALL: Speed and Power	ALL: Platinum/Gold: Building IJS Footwork/Clusters	ALL: Speed and Power	ALL: Artistry in Motion	ALL: Showcase
11:40AM - 12:40PM	Silver/Bronze FREESTYLE	Silver/Bronze FREESTYLE	Silver/Bronze FREESTYLE	Silver/Bronze FREESTYLE	Silver/Bronze FREESTYLE
12:40PM - 12:50PM	ICE RESURFACE	ICE RESURFACE	ICE RESURFACE	ICE RESURFACE	ICE RESURFACE

***OI: Off Ice Class**

Please note that the weekly schedule may change according to the numbers of skaters who are registered in the camp for safety reasons.